Things Which Hinder Your Prayer Life: (Phil 3:14)

The text does not actually deal with the subject of prayer. "Press" ~ to Push ahead,

Push other things aside that crowd our pathway. Push aside things that hinder our progress.

I. Inconveniences:

There are always some things which will give us trouble disruption in our prayer lives.

II. <u>A Lack of Protected Time</u>: (Ps 5:3)(Ps 88:1)(Ps 55:17)

This is the case for all of us.

Too many of us make the excuse that we are too busy. Too much business to pray, you have more business than God intended for you to have.

III. Social Contacts:

Need for Privacy: (Gen 24:63) (Matt 6:6)(Matt 26:36) Christ had to go into a mountain to pray: (Lk 6:12)

IV. Natural Barriers:

While we are in the flesh, we will beset with natural barriers.

Emotional Fatigue:

There are times when we do not feel like praying.

Physical Fatigue:

There are times when we are tired.

Spiritual Fatigue: (Jer 20:9)

There are times when we are in sin.

V. Mentally Un-Disciplined:

Our Mind Wanders from a desire to be entertained. The thoughts of "Other Things" have chocked out our prayer. **We Must Re-train our Minds to be stayed upon God.** (1 Cor 3:1) (Is 26:3) (2 Cor 10:4-5) (Phil 4:8)

VI. Carelessness: (James 4:2)

Carelessness & neglect act as thieves to rob us of prayer. If we would realize that prayer is one of the mightiest weapons which God has given us to battle against sin and the forces of Satan, we could shudder t the thought of allowing this weapon to become rusty with disuse.

VII. <u>Legitimate Duties</u>:

The Legitimate Duties or cares of this life have crouded out the good seed of prayer in our lives.

We mis manage our time but scheduling things by level of fun/entertainment/pleasurable to us rather than by priority.

Too Busy to read the Word of God: (Prov 28:9)

VIII. <u>Sin</u>: (Ps 66:18)

We Ignore the Holy Spirit: (Prov 1:23-28)

Ungrateful: (1 Pet 3:7)

Doubt God: Because it is you asking. (James 1:5-7)

Selfish Motives: (James 4:3)

Prayer That Delights God: (Jn 15:7-10)