#### Series: YOU CAN HAVE VICTORY

**<u>Title</u>:** Victory Over Worry(3/29/20)**<u>Text</u>:** (Matthew 6:31-34)

Hakuna Matata! - What a wonderful phrase (John 16:33) In the world ye shall have tribulation:
(Matt 6:25) Take no thought for your life,
(Matt 6:31) Therefore take no thought...
THOUGHT~ Worried/Anxious Thoughts. Grk: 'to Divide'
(James 1:8) A double minded man is unstable in all his ways.

*We all worry: Worry is a sin.* Worry is not just a Weakness it is wickedness

### It doesn't mean don't plan for tomorrow.

(Prov 6:6-8) *Go to the ant,* (Gal 6:7-9) *soweth, that shall he also reap.* 

### I. <u>The Causes of Our Worry</u>?

**Food:** (Vs 25-26) *what ye shall eat,or what ye shall drink.* God is NOT Discouraging Work: God is Discouraging Worry: You cannot Worry yourself to a full belly.

**Fashion:** (Vs 25) *what ye shall put on.* (Vs 28-30) *And why take ye thought for raiment?* God is not discouraging Fashion:

But you cannot worry yourself a new set of clothes.

**<u>Fitness</u>**: (Vs 27) *add one cubit unto his stature? Stature~Greek: Years, Size, Maturity.* You cannot Worry Yourself to a longer life span. **<u>Future</u>**: (Vs 34) *Take therefore no thought for the morrow:* You cannot Worry Yourself into a Better Tomorrow. **Don't Borrow from Tomorrow.** 

#### II. The Cost of Our Worry:

<u>The Futility</u>: (Vs 27) *taking thought can add one cubit?* <u>The Harm</u>: (To Ourselves) (Ps 127:1-2) (To Others) (Num 32:7-9) (Deut 1:28) <u>The Wound</u>: We Wound the loving heart of God. (Vs 30-31) *O ye of little faith?* 

#### III. The Cure of Our Worry:

**A. <u>You Have a Father</u>:** (Vs 32) *For your heavenly Father* <u>GOD KNOWS ALL YOUR NEEDS</u>: (Vs 32) (Matt 10:29) God Attends the Funeral of EVERY Sparrow.

God knows things about YOU, you don't even know about YOURSELF! (Matt 10:30)

You Do Not Have to Fear: (Matt 10:31-32) Fear ye not

**B.** <u>You Need to Focus on Putting God 1st</u>: (Matt 6:33) <u>Put God 1st!</u> Many are trying to ADD God to their life. God WANTS/DESERVES to BE OUR LIFE!

<u>Trust the Father</u>: (Matt 6:32) *your heavenly Father knoweth* <u>Put God First</u>: (Matt 6:33) *seek ye first the kingdom of God,* 

**C.** <u>Leave Future for Tomorrow</u>: (Matt 6:34) *Sufficient unto the day is the evil thereof.* 

*Difficulties have a Divine purpose.* (Gen 3:17) *"cursed is the ground <u>for thy sake</u>"* 

# A. <u>Reminds us that we live in a Sin Cursed World</u>

B. <u>Difficulties Silence Satan</u>. (Job 1&2)

Devil is called the *"Accuser of the Brethren"* (Rev 12:10) Difficulties vindicated God's Character when Blessing Job. Difficulties vindicated Job's Character

#### C. <u>Difficulties Remind us that we NEED GOD!</u> *Troubles cause us to Trust God.*

(Deut 33:25) as thy days, so shall thy strength be.

#### We are strengthened by the difficulties that come our way.

God wants us to be Endurant. God wants us to have Patience. (James 1:3-4) God wants us to be Strong.

# I. WORRY BURIES OUR BLESSINGS

#### Don't pull tomorrows clouds into Today's Sunshine: Count Your Blessings

How much is it worth to you to live in the USA? How much is your CHILDREN worth to you? How much is your HEALTH worth to you?

# II. WORRY STEALS OUR STRENGTH

Jesus said "sufficient unto the day is the evil thereof." (Deut 3:25) *"As thy days are so shall thy strength be."* (Ps 103:14) "He knoweth our frame that we are but dust."

### **<u>2 Things You Should Never Worry About.</u>**

Never worry about the things you can do something about. Never worry about the things you can't do anything about.

# III. WORRY PRODUCES PROBLEMS

(Job 3:25) the thing which I greatly feared is come upon me,

# The Bible says fear hath torment.

(Matt 6:33) "Seek ye first the kingdom of God and His righteousness and all these things shall be added unto you."

**Serendipity** means the ability to find happiness and joy when you are not pursuing it.

It comes as a by product of having the proper priority in your life.

Happiness, Joy, & Peace are by products of putting Jesus first in your life, making Jesus the Lord of your life.

# Ladies and gentlemen, none of us know what lies ahead.

We don't know what dark valley we will walk through. We don't know if it will be a valley of sickness, a valley of trial or trouble.

We don't know what valley may come our way. We don't know what the future holds, but we know who holds the future. (Ps 23:4)