#### <u>Series</u>: Honoring God in the 10 Commandments <u>Title</u>: A Day Worth Dedicating <u>Text</u>: (Ex 20:8-11)

We have pieces of Technology that saves us time. Laptop Computer, personal copier, fax, printer, Smart Phone, replaced Calendar, address book, notebook.

With SO many of these, I don't understand why do we have So many Hurried and Restless people. All we have added is SPEED & NOISE! The Family is suffering from all pressure. God has given us a receipt for Restlessness. Home used be a Haven of Rest. *"Its a Jungle out there." Today there is a Jungle in the Home!* God has given us a Day Of Rest!

#### **Sabbath Definition:** Does Not Mean 7, But REST. In the Bible there is mention of a Rest on...

Sabbath Day: (Gen 2:1-3) Sabbath Week: (Lev 23:39) Sabbath Year: (Lev 25:2-3)(Lev 26:32-35)(2 Chron 36:19-21) Year of Jubilee: Debts Cancelled, Slaves set free. <u>The Sabbaths Have Great Spiritual Meaning for US:</u> The Sabbath is a type of the Millennium.

The Jubilee Speaks of Eternity.

#### The Sabbath was Made for Man:

(Mark 2:27-28) God gave the Sabbath to Man.

(Ex 20:10)

The Sabbath was a day of Rest on which man was to leave off his secular labors and keep that day holy to Jehovah.

Man was to use it as a Day of Recognition of His Lord. When we honor the Lord, it doesn't make Him more holy, It Makes US more Holy!

## God is to be treated as Sacred, So is the Sabbath.

Thus: 1/7th of our Time belongs to God. All of God's Commands are for us & our Benefit. Thou Shalt=help yourself to Happiness. Thou Shalt not= Don't Hurt Yourself.

#### God's Creation Rest. God's Covenant Rest God's Commemoration of Calvary Rest

## **God's Creation Rest:** Pertained to God Almighty

(Gen 2:1-3) The Word: Sabbath, is not mentioned directly in Genesis 1&2, but it is understood as the Creation Sabbath Day.

## God did not Rest b/c He was tired.

(Is 40:28) "God Never gets weary"
<u>Illus</u>: Rest like in Music: Pause to Reflect & Rejoice. **God's Rest was Disturbed by Sin: Gen 3**Sin put God back to work: (Jn 5:17) But Jesus answered them, My Father worketh hitherto, and I work.
It was Observed Eden to Sinai: (Gen 8:10-12) Noah/Ark

The FIRST mention of the Sabbath is in (Exodus 16:21-30) in the connection with the giving an gathering of Manna.

The Sabbath is NOT the First day of the week. The 7th Day of the Week. (Ex 20:8-11) It Commemorates God as Creator (Ex 20:11) It Keeps the knowledge of the 1 true God alive for ever.

## **God's Covenant Rest:** Pertains to the Nation of Israel

The Sabbath was a Sign to the Jews: (Ex 31:13-17) (vs 16) A Perpetual Covenant Rest.

Worked 7days/wk as slaves, Sabbath reminds them of their freedom. (Deut 5:15) Sabbath reminds them of WHO gave them freedom.

## AGAIN: The Sabbath is NOT the First day of the week.

The 7th Day of the Week. (Ex 20:8-11) It Commemorates God as Creator (Ex 20:11) It Keeps the knowledge of the 1 true God alive for ever.

*The Law, outlined the desecration of the Sabbath:* (Ex 35:2) *Six days shall work be done, but on the seventh day there shall be to you an holy day, a sabbath of rest to the LORD: whosoever doth work therein shall be put to death.* 

## Some People want to live the OT Sabbath:

You were not aloud to kindle a fire on the Sabbath.

Did you cook on the Stove? (Ex 35:3) Used hot water? Started your car's engine? A fire in each cylinder. Turn on a Incandescent light bulb?

## 39 words in the 4th Commandment

They found 39 ways to break the Sabbath. Then they broke those 39 into 39 each. 1521 ways to break the Sabbath.

(MK 7:13) *Making the word of God of none effect through your tradition,* 

Ex: Rock in your Shoe's tread. Carrying a burden Swat a fly off you? Your Hunting on the Sabbath They would eat an egg laid on Saturday, b/c the hen was working on the Sabbath day.

## God gave the Covenant Sabbath to Israel as a Blessing,

*The Jews Polluted the Sabbath*(Ezek 20:12-13, 16, 20-21,24) The Jews were punished for not Honoring God on His Covenant Day.

# The Sabbath Day Observance was never given to the Gentiles:

The Gentiles were working on the sabbath and not rebuked for it: (Neh 10:31; 13:15-22)

#### God's Creation Rest. God's Covenant Rest

**God's Calvary Rest**:

All of God's Laws & Ceremonies were also prophecies, pointing to something even more wonderful.

## The Sabbath is a Shadow of Christ who was to come:

When did God Rest? After His 1st Creation
When did Jesus Rest? After His New Creation.
(Jn 5:17) But Jesus answered them, My Father worketh hitherto, and I work.
(John 9:4) I must work the works of him that sent me,

(2 Cor 5:17) *Therefore if any man be in Christ, he is a new creature:* 

(John 19:30) When Jesus therefore had received the vinegar, he said, It is finished

(Heb 10:12) But this man, after he had offered one sacrifice for sins for ever, sat down on the right hand of God;

#### In the Temple, the Priest had no place to sit:

His work was never done!

#### The Sabbath is a Shadow of Christ who was to come:

(Heb 10:1) The Law was a Shadow, not the actual image of it. (Heb 8:4-5) Priests serve unto the example & shadow of heavenly things.

*Illus*: My Shadow, cast by a Higher, More Glorious thing. I am more than my Shadow.

## (Col 2:13-17)

(Vs 13) Dead~Separated Quickened~Made Alive
(Vs 14) Crimes convicted of nailed/posted on Prison cel door *"took it out of the way, nailing it to his cross" "It is Finished"*(Vs 15) Stealing the prize of Human Souls from Death&Hell
(Vs 16) Sabbath Day mentioned here. All done away with!
(Vs 17) A Shadow of Things to Come!

No One should judge you for these anymore! <u>*Illus:*</u> Ever seen a Dog chasing the shadow of a bird?

The Jews, JW's, 7th Day Adventist's, etc. Chasing Shadows

## Jesus is the Body!

The Sabbath is a shadow of the Body of Jesus.

(Matt 11:28) *Come unto me, all ye that labour and are heavy laden, and I will give you rest.* 

## Jesus Is Our Rest!

## THIS is Why we Worship on Sunday?

The First Day of the Week. The Catholic Church did not change it.

## The Resurrection Changed our Day of Worship:

Jesus' Followers were in Despair. The One they served apparently was defeated.

## On the 7th day Jesus was in the Grave.

We do not Worship a Dead Savior. We worship a Risen Savior.

## He arose on the 1st Day of the Week:

(Mark 16:9) *Now when Jesus was risen early the first day of the week.* 

He defeated Death, Hell, & the Grave: (Rev 1:10) Referred to as *"The Lord's Day"* The Ot Covenant sabbath was NEVER called that.

## He met with His church on the 1st day of the Week:

(Matt 28:1,5,6)(Jn 20:1,19,26) (Rev 1:10)

(Mark 16:14) Afterward he appeared unto the eleven as they sat at meat, and upbraided them with their unbelief and hardness of heart, because they believed not them which had seen him after he was risen.

## John Met with Them, 8 days later 1st day of the week:

(Jn 20:26) And after eight days again his disciples were within, and Thomas with them: then came Jesus, the doors being shut, and stood in the midst, and said, Peace be unto you.

#### The Church was Commissioned on the first Day of the

**Week:** (Jn 20:21) *Then said Jesus to them again, Peace be unto you: as my Father hath sent me, even so send I you.* 

# The holy Spirit was Imparted unto His Church on the 1st

**Day of the week:** (John 20:22) *And when he had said this, he breathed on them, and saith unto them, Receive ye the Holy Ghost:* 

#### Pentecost took place on the First Day of the Week:

(Acts 2:1) Pentecost~(50 Days) (Lev 25:15-16 Pentecost was equivalent to the OT Year of Jubilee. Year of Jubilee: (Lev 25:8-10) After 7 Sabbath Years - 50th is the year of Jubilee. Property was Restored: (Lev 25:10,13) Debts Forgiven: Slaves Set Free: (Lev 25:39-42) (Acts 1:4, 2:1) The Book of the Revelation was given to John on the 1st

**Day of the week:** (Rev 1:10) *I was in the Spirit on the Lord's day, and heard behind me a great voice, as of a trumpet,* 

## The Disciples met on the 1st day of the week: (Acts 20:7)

We are commanded to bring our offerings on the 1st day of the Week: (1 Cor 16:2) Upon the first day of the week let every one of you lay by him in store, as God hath prospered him, that there be no gatherings when I come. The Covenant Rest speaks of the finished work of Creation The Calvary Rest speaks of the finished work of Redemption

The Covenant Rest deals with Natural life The Calvary Rest deals with Eternal Life

The Covenant Rest commemorates the work of God's hands The Calvary commemorates the work of God's heart

The Covenant Rest display's God's Power. The Calvary Rest displays God's Grace.

The Covenant Rest was given to Israel. The Calvary Rest was given to His churches.

The Covenant Rest was a Day of Law. The Calvary Rest is a Day of Love.

Those people still insisting on Keeping the Covenant Sabbath are on the wrong side of Calvary. They are Chasing Shadows.

This is NOT the Weekend! This is the 1st Day of the Week You Started it RIGHT!

#### How are We, the NT Christian to Keep the Sabbath?

What are the Laws regarding the Lord's Day? What are the Rules we are to Follow? There aren't any.

So do we just Throw away the 10 Commandments? NO We see the Sabbath in its ultimate fulfillment in Jesus Christ. Is it a Holy Day? Absolutely, Its the Lord's Day. Pastor, is it alright to ....

Watch TV, Go out to eat, Play Softball, Go to a Ballgame, Read the News paper, Go out on a boat, grocery store?

Good questions, the only problem is, you are asking the wrong person. *It's Not My Day!* Its the Lord's Day.

#### Ask the Lord: "Lord! How can I honor you, reverence you, bring you glory so at the end of the day I can say from my heart, 'That was your day?"

Well smarty pants you might say ..

*"Everyday is a Holy Day"* but the Lord's Day is extra special. *"Pray w/o ceasing"* Jesus Said to *"Enter into your closet"* (Matt 6:6) Thats extra special prayer.

We know that all of our possessions belong to God. (1 Cor 16:2) we know the tithe & offerings are extra special. Every place is sacred, but he said (Heb10:25) "forsake not the assembling of yourselves together"

## How can we, the NT Church keep the Lord's Day?

#### 1. Sunday is to be a day of Reverence

(Ex 20:8) "*Remember*"-"*Keep It Holy*"; So Much of our lives are lived for our Glory. For Just 1 day, can we make it about HIM? (Deut 5:12) "*Keep it*" - "*Sanctify it*"

## Set aside as Important into the Lord.

Take Time and Be Holy!

(Heb 10:25) We Are Commanded to 1 day in 7 to Honor God We assemble 1 day out of 7 as a Token offering that declares our understanding that all our Time belongs to God.

FBC Jerusalem did it on the 1st day of the week. (MK 16:14) FBC Troas did in on the 1st Day of the week & stayed at it all day! (Acts 20:7) FBC Corinth met on the 1st day of the Week (1 Cor 16:2) FBC Patmos met on the 1st day of the Week (Rev 1:10)

**Fathers!** The best thing you can do is Keep Sunday Worship on the Lord's Day a Regular Habit in Your Home!

Little Eyes are watching. Little Brains are calculating God's worth to daddy. (Ps 145:4) *One generation shall praise thy works to another, and shall declare thy mighty acts.* 

Sports: (Read the Statistics) 100% of your children will stand before GOD!

(Is 38:19) the father to the children shall make known thy truth.

Make Worship on Sunday more important than your work on Monday

## We Insult God: Try this on your boss.

I could come Monday, we had unexpected guests.

Jr had a sniffle & the whole family had to stay home & wipe his nose.

We got a new puppy, & it would cry if I left it in the kennel. I was just so tired, I decided to sleep in.

Things were so hectic, I thought we would skip today 7 not call you.

See how your boss likes that!

Do you know what you are telling your children when you don't make Sunday Worship a Regular thing. *"church is nice, but it is not a necessity." "When I go to work, Now That's Important"* 

#### What you are doing here is VERY Important! What your doing here could be life altering if your heart was right!

When you get up each week & come, you are telling the kids, "God is Very Important to Me!" "My church is Important to Me" "My service to God is Important to ME" "My Brothers/Sisters are Important to Me" Take Time to Be HOLY!

#### The Evening and the Morning is the 1st day.

Save Saturday Night to get ready for Sunday! Husbands HELP to get the kids ready! Get up early and get Ready.

#### BE POSITIVE about the church! Speak Positively DO Not be critical of the church!

Keep your sinful criticisms for your conversations with the Lord & see what He says you aught to do about it.

I do not allow my children to have a bad attitude or speak negatively about our church & its people.

My children see how you act.

My children see how you roll your eyes & make faces at what I say.

My children the brunt of your insults about their Dad b/c only 1 of you have had the guts to come to my face!

I will not allow them to get bitter against God by me criticizing you!

Many children grow up & not return to church b/c their parents Never made it a priority,

Never really got ready, Then afterward they heard them speak negatively.

Show up early Shake hands and be friendly Make people feel Warm, Wanted & Welcome. Sing out Dont leave the service, Water/fodder before. Pay your Tithes. Say Amen Take Notes. Use the Altar. Leave expecting to come back Sunday night & Wed night. Make church a Happy Thing! <u>Sunday is to be a day of Reverence</u>

#### 2. Sunday is to be a day of Rest:

(Deut 5:13) Man's work is crucial. Work is not part of the curse. We are supposed to Work (1 Tim 5:8)

#### Work is not supposed to be our God.

Some let Work/Career become their God. Some now make PLAY their God. We are supposed to Teach our kids how to work.

#### We desecrate the SabbathLord's Day by...

(Deut 5:14) Engaging in Labor for our commercial *Profit*. "Well, I need Sunday Afternoon to Catch up from last week."

"If a man's business requires so much of his time that he cannot attend the services of his church, then that man has more business than God intended him to have." J. C. Penney

Lee Ioccoca: 1st official Act as President of Chrystler was to fire everyone who had been working weekends & w/o Vacations.

"How can you possible manage 80 Million Dollar projects, but can't seem to plan time with your family?"

Billy Graham: If your OX is always in the ditch on Sunday, Sell the Ox or Fill in the ditch.

## Make the Lord's Day a Day of Rest!

Our bodies are like a 7 day clock. They need to be rewound or we will wind up in the grave.

You will get more done Mon-Sat by resting 1 day. Just as you will have more with 9/10s & God as your partner that you will with 10/10s by yourself.

When you burn the candle at both ends, you are not as bright as you think you are.

When a man is chopping wood, He is not wasting time when he stops to sharpen the AXE. (Prov 3:1-2) *My son, forget not my law; but let thine heart keep my commandments: 2 For <u>length of days</u>, & <u>long life</u>, and <u>peace</u>, shall they add to thee.* 

#### The Lords' Day is a Day of Reverence, Rest, &... 3. <u>Sunday is to be a Day of Reflection</u>: (Deut 5:15) Cod set the Pattern:

# God set the Pattern:

(Gen 1:31-Gen 2:1-3) God set the pattern. We need to PAUSE & REFLECT. Bring to mind, remember, think about all God has done for us

## **Reflect on God's Provision:**

(1 Cor 16:2) Upon the first day of the week let every one of you lay by him in store, as God hath prospered him, that there be no gatherings when I come.

We bring God's Tithe, a Token of the whole as a sign of worship.

Be Thankful, He is Good, Tell Him Thank you, Sing Praise to Him of Thanksgiving: Song: "*Thank you Lord for your blessings on me*"

## **Reflect on God's Promises:**

Look back at all God has done. He is Faithful.

"He's never left you or forsaken you"

"He's a friend that has stuck closer to you than a brother."

Has He done anything for you lately? NO

"What have you asked Him for?"

"Ye have not because you ask not."

Song: "It is no secret, what God can do, what He's done for others, He'll do for you!"

## He Promises to Bless you if you honor Him: (Is 58:13-14)

Song: "I've Got a Mansion, just over the hilltop, in that bright land where, we'll never grow old"

## **Reflect on God's Protection:**

## Praise God for the Protection you have enjoyed.

Somebody in your neighborhood died this week. Somebody in your neighborhood got in a car wreck this week. Somebody in your neighborhood lost their job. Somebody in your neighborhood lost a loved one this week. Somebody in your neighborhood had surgery this week. Somebody in your neighborhood ...

If we only knew all the times God restrained Satan's malicious intents for us, you would never get out of bed.

## 4. Sunday is to be a Day of Renewal:

(Rom 12:1-2) Be renewed in the Spirit of your Mind!

Renewal of Commitment: To Purity of Soul. To Purity of Living. (Mark 7:6) Well hath Esaias prophesied of you hypocrites, as it is written, This people honoureth me with their lips, but their heart is far from me.

<u>Renewal of Conscience</u>: We are commanded to Worship: (1 Cor 16:2) Bring our Tithes and Offerings. (Heb 10:24-25) Assemble with other believers to provoke unto Love and Good Works.

Great Grandfather called it the "Holy Sabbath" Grand Father called it the "Sabbath" Father called it "Sunday" WE call it the Week End! This is NOT the Weekend! This is the 1st Day of the Week Let's Remember the Sabbath Day and Keep It Holy!

## 5. Sunday is to be a Day of Rejoicing:

(Ps 122:1) I was glad when they said unto me, Let us go into the house of the LORD.

(Ps 134:2) *Lift up your hands in the sanctuary, and bless the LORD.*