

Series: Relentless Love

Title: Prescription for a Sick Soul

Text: (Heb 12:14-17)

Introduction: The Story of Hosea

I. Forgiveness is NOT ...

- Denying you were hurt
- Forgetting or pushing it out of your mind
- An emotion or feeling
- Asking God to forgive them

II. Understand that forgiveness IS ...

Forgiveness is A Commandment: (Matt 5:43-46)

(Mk 11:25-26)(Lk 6:27-34)(Lk 11:4)

Forgiveness Is Releasing the Debt

- as God Released You: (Eph 4:32) (Matt 6:14-15)

Forgiveness Is How We Worship God! (Col 3:13)

God is Worthy of Our Obedience: (1 Pet 3:9)

My soul is that part of me that is THE REAL ME
Your spirit enables you to communicate to God
Your soul enables you to fellowship with believers.

I am here to lift you up. (Heb 13:17)

Bitterness is Festering Wound in our Soul.

(Heb 12:14-17)

Bitterness is illustrated by Gall: (Acts 8:23)

I. The Scope of Bitterness: Everyone is Susceptible
(Heb 12:15)(1 Cor 10:13)(Gal 6:1)

II. The Sin of Bitterness: (Heb 12:15b)

A. *Resentment stems from discontent of God Grace.*

B. *Resentment stems from repercussions of our Sin:*

(Eph 4:26, 30-31)

III. The Source of Bitterness

(Heb 12:15) "*fail of the grace of God*"

(Heb 4:16) Grace~ Supernatural Enabling.

In Salvation: (John 3:18)(2 Cor 9:8)

We Fail of the Grace of God in our ...

A. *Lust:* "*I want it & God refuses it.*"

1. Position: Korah (Num 16)(1 Cor 3:3)(Gal 5:26)

2. Possessions: - Ahab/Jezebel (1 Kings 21:6)

3. Popularity - Joseph's Brothers Envy (Gen 37:4)

B. *Loss:* - "*I had it & God took it*"

1. Position: - Saul (1 Sam 18) He hated David for it

2. Possessions: - Job's Wife (Job 2) *Curse God /die*

IV. The scourge of Bitterness is it's Effect on you!

We grieve the God who comforts us. (Eph 4:30)

We Become Captive to our Bitterness: (2 Cor 10:4-5)

(Eph 4:27) "*Neither give place to the devil*"

We have to let the Holy Spirit expose the sin that's beneath the sin that is be-setting us. like a surgeon. (Ps 139:23-24)

Obstacles to tearing down strongholds
(2 Cor 10:12)

The scourge of Bitterness is it's Public Effects on others around us: (Eph 4:29-31)

V. The Solution to Bitterness

A. Confession of Sin: (1 Jn 1:9)

- 1. Clean up Physically, Confess your Sin!**
- 2. Clean up Emotionally, Confess your Sin!**
 - a. Be Sweet & Play Nice**
 - i. A Checkup from the neck up!
A Case of Stinking thinking.
 - ii. Confess you rotten Attitude as Sin!
 - iii. Confess you Anger as Sin!
 - iv. Being around a biter person is like eating Cigaret Butts
 - v. You are Contagious, Get Soul healthy.
 - b. Be Loving: It is a Choice we make not a feeling we feel, Actively Love Your Spouse!**
- 3. Clean up Spiritually!**
 - a. Spend time with God** –Read Psalms & Phil
 - i. Claim His Promises as your own.

ii. Pray the promises back to Him with Thanksgiving.

B. Consecration of Self:

- 1. Give God your Resentment:** (1 Pet 5:7)
- 2. Give God your Rights:** (Rom 12:1-2)

C. Concentrate on the Savior: (Is 26:3)

- 1. His Cross:** (Heb 12:2)
- 2. His Character:** (Phil 2:5-8)
- 3. His Promises:** (2 Pet 1:3-4)

D. Communication with the Savior: (Acts 16:6)

1. Prayer:
2. Praise:

E. Feed Your Soul: Fellowship w/Positive Brethren
Turn off the screen & go to Bed!
Be Faithful to Church: 3 to Thrive!

F. Focus on the Needs of Others: (Heb 12:24)
Be kind, sweet, gracious, hospitable: (Phil 4:6-7)
(Eph 4:20-32)

Are you Suffering from a sick soul?

Is there unresolved hurts Festering in your Soul?

If your Soul is Sick, you are Contagious.