

**8. It is not possible to fight a fleshly temptation with fleshly weapons.** (II Cor 10:3-5)

**Decide:** (I John 4:4)

**Determine:** (Mark 9:23)

**I will have victory if I do it God's way: (Is 55:8-9)**

**You can't use fleshly methods – (Ecc 5:10)**

**This is a Spiritual Battle! (Eph 6:12)**

**God wants you to have the Victory!** (Gal 5:17)(James 4:5)

**Because it is a Spiritual Battle, WE MUST Transfer our dependence to the power of the Holy Spirit:** (Zech 4:6)  
(1 Jn 4:4) (Eph 5:18) (Ps 42:1)(Jer 17:9)

**Replacement Therapy** fails because the appetite is not eradicated; only pacified. (Is 29:8)

**Replace your old habits with new ones:** (Rom 6:12-13)  
(Heb 11:25) (Rom 8:5-9) (Rom 6:11-16)

**HERE IS HOW! Live the Foundational 5 –**

**Read** (Rom 10:17, Josh 1:8, Deut 6:6)

**Pray** 1 Thes 5:17; Jer 29:11-14 is a Promise of Victory

**Church** (Gen 13:4; Gen 22:2-4,9,14)

**Tithe** (1 Cor 16:2; 2 Cor 9:6-8; Mal 3:8-11)

**Witness** (Acts 1:8)

**Replace an undisciplined life with one of structure.**

**Replace you old influences with new ones:**

**Friends:**

**Music:** (Eph 5:19-20)

**Accountability**